

Unleash Your Dreams

Going Beyond Goal Setting

Illustrations

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Figure 1: Mystery Man

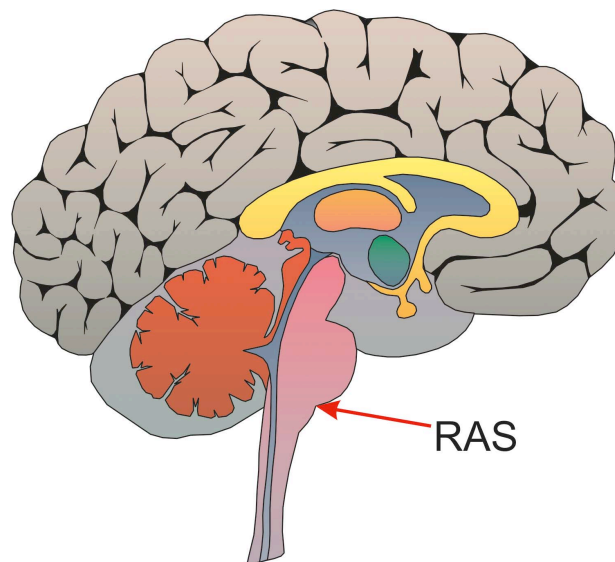
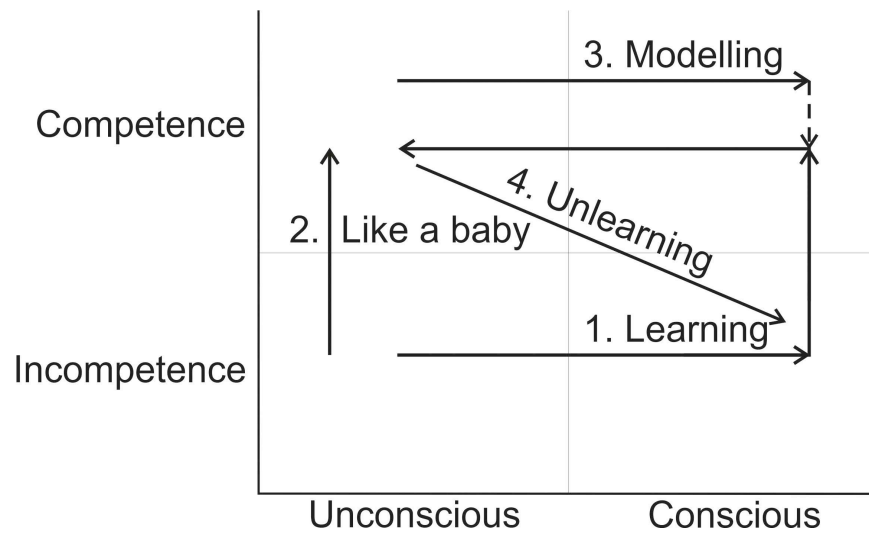
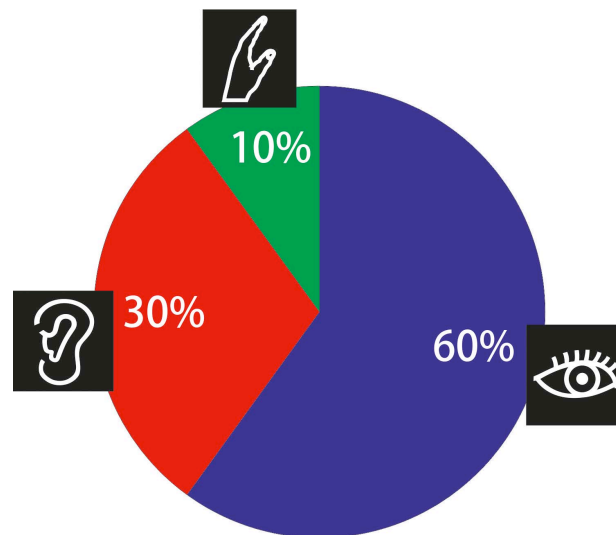


Figure 2: Reticular Activating System (RAS)



Figure 3: Iceberg

**Figure 4: Patterns of Learning****Figure 5: Modalities**

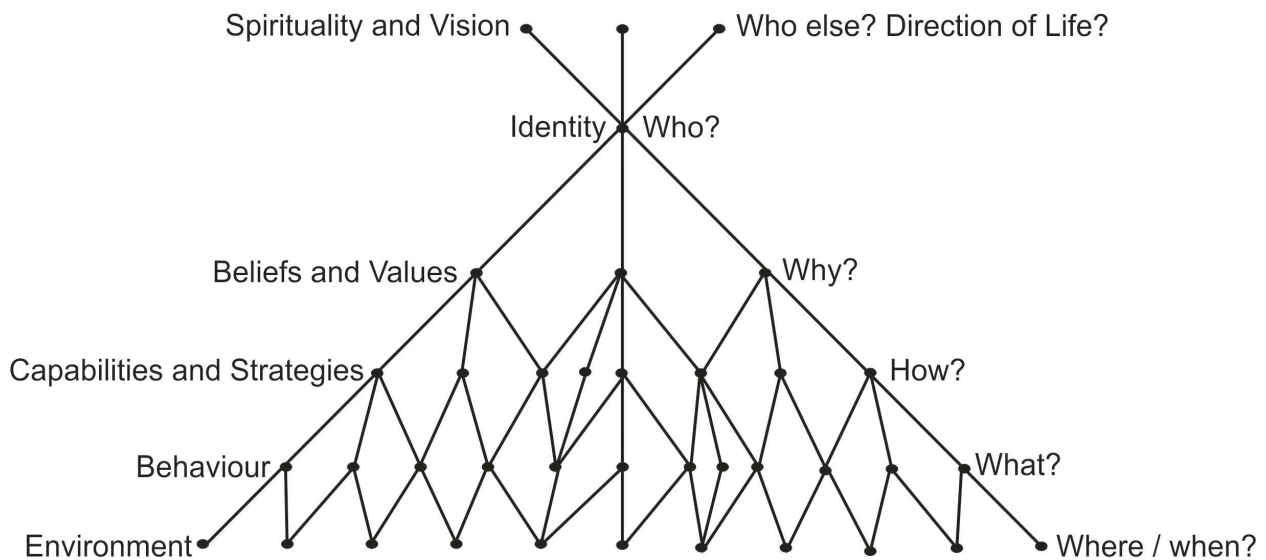


Figure 6: Logical Levels



Figure 7: Logical Levels – Another View



Figure 8: The Magic Lamp

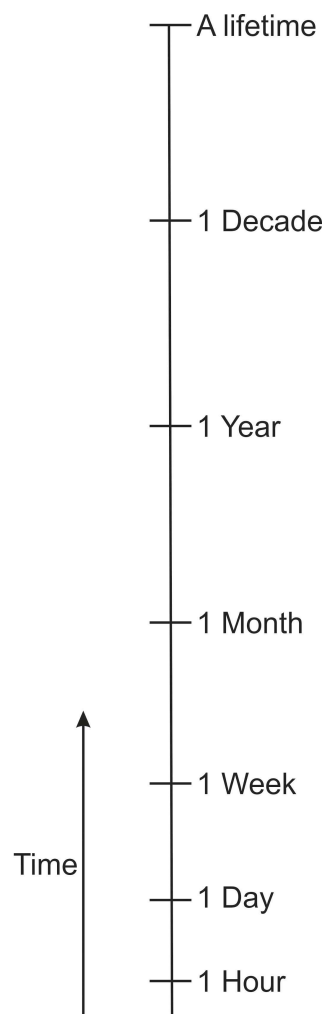


Figure 9: Timeline

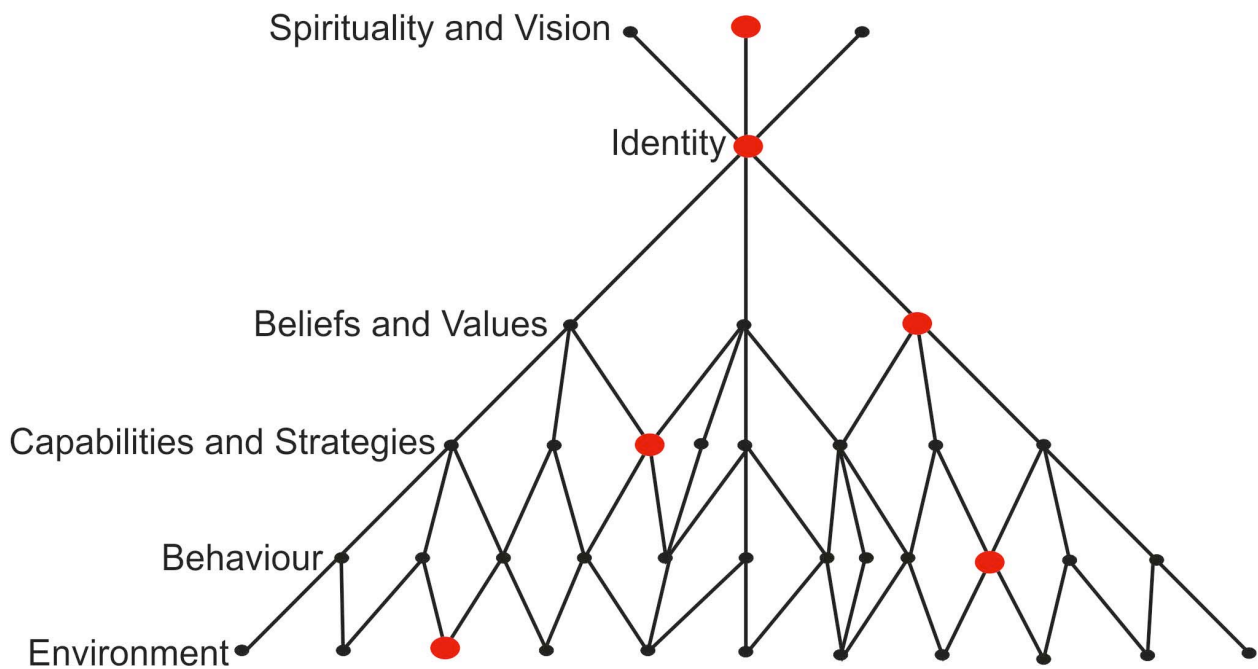


Figure 10: Logical Levels – Out of Balance

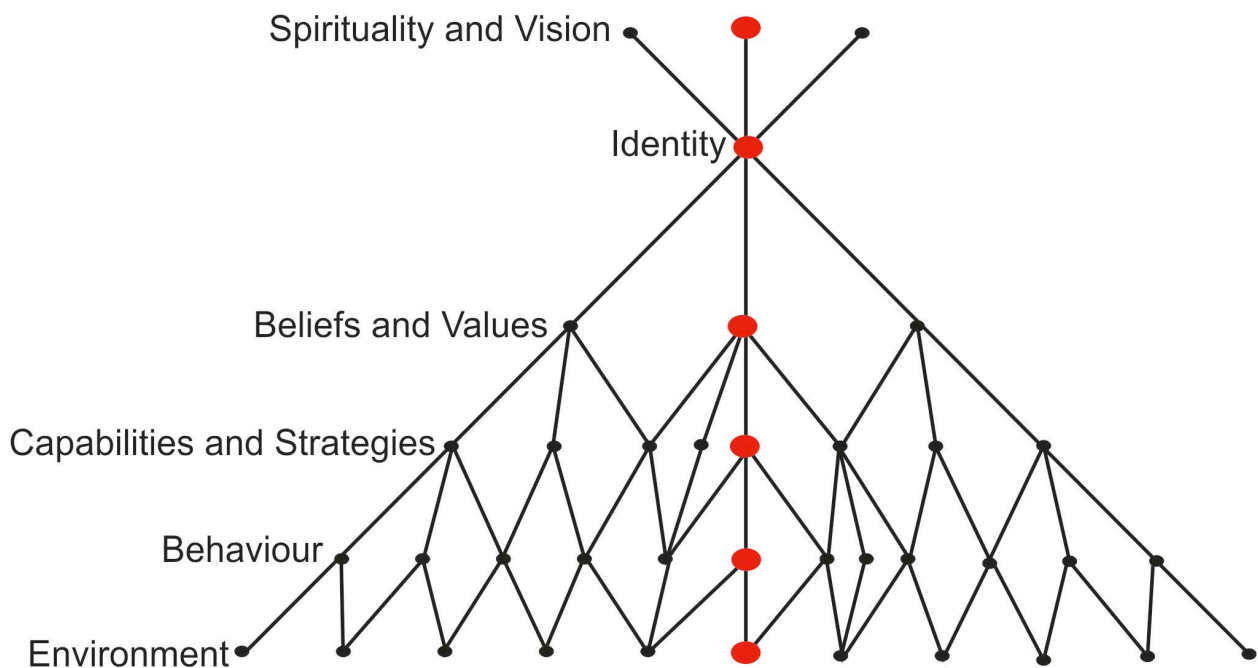


Figure 11: Logical Levels – In Balance

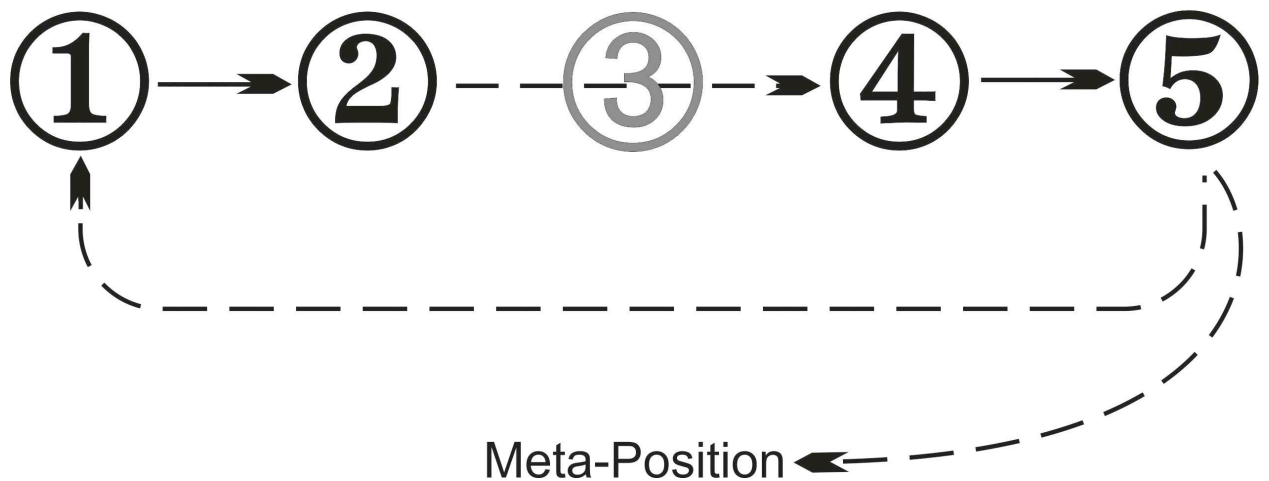


Figure 12: Steps of the Bridge

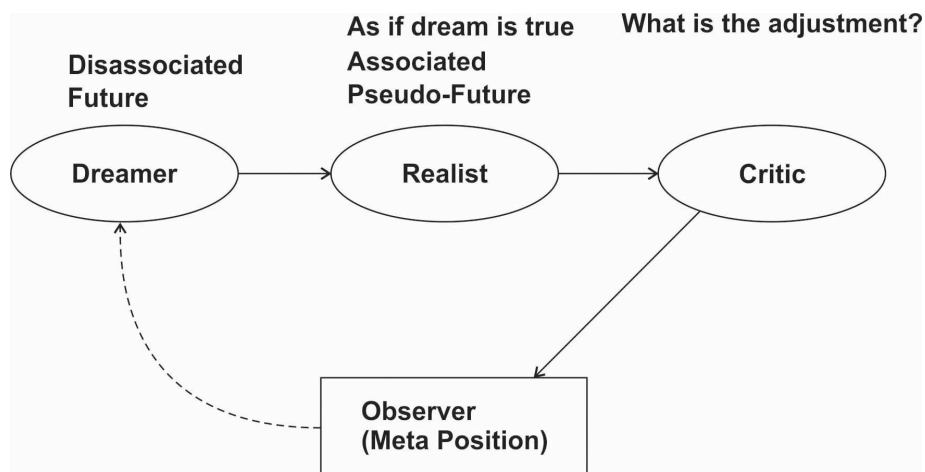


Figure 13: Disney Strategy

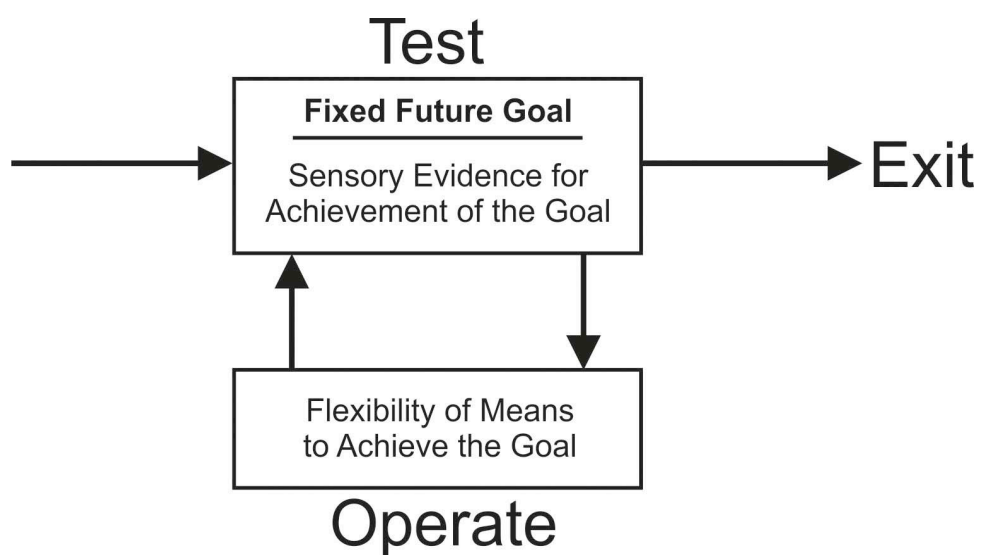


Figure 14: The TOTE Model

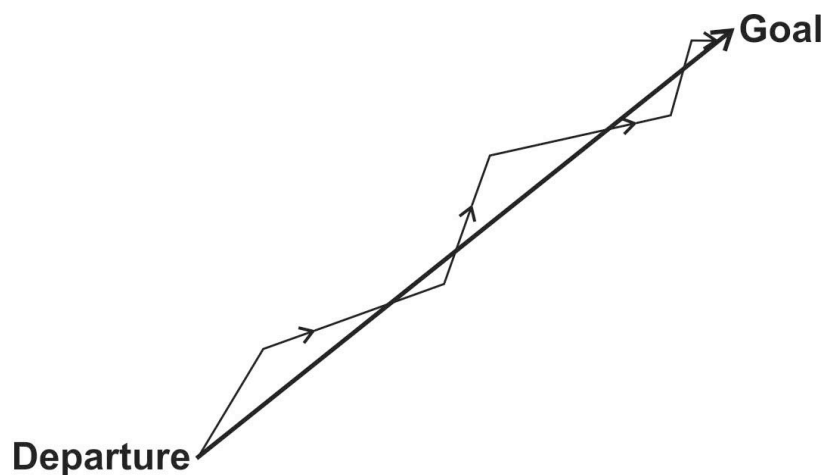


Figure 15: Progress Towards Our Goals

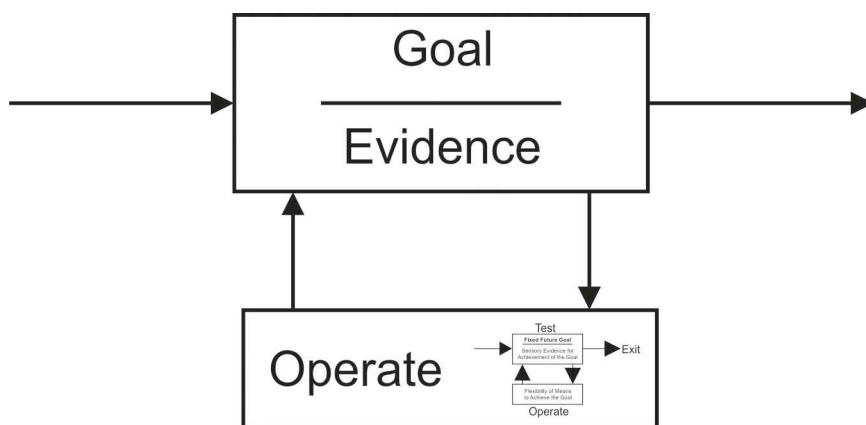


Figure 16: The TOTE Model – Processes Within Processes

Hopes / Wants / Wishes

Figure 17: Overview – Start

Hopes / Wants / Wishes

What?
How much?
When?

Goals (Cognitive)

Figure 18: Overview – Wishes to Goals

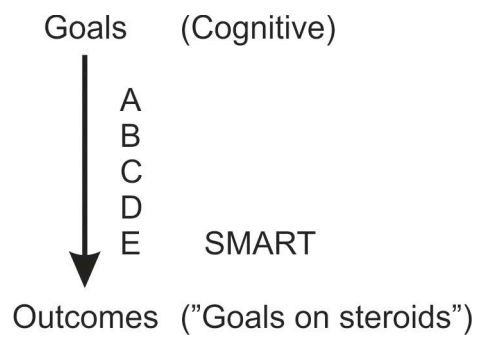


Figure 19: Overview – Goals to Outcomes

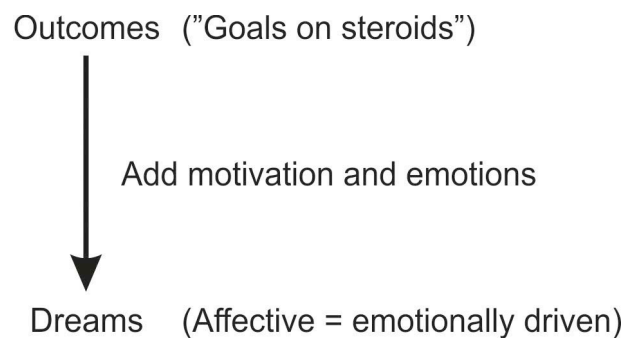


Figure 20: Overview – Outcomes to Dreams

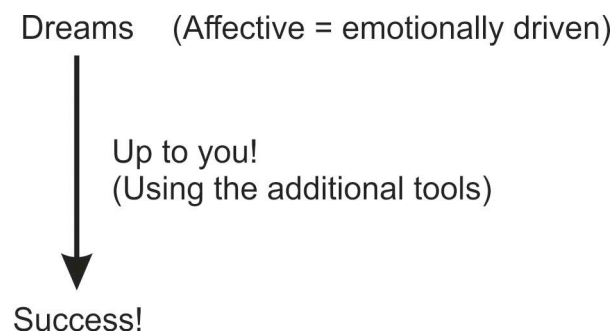


Figure 21: Overview – Dreams to Success

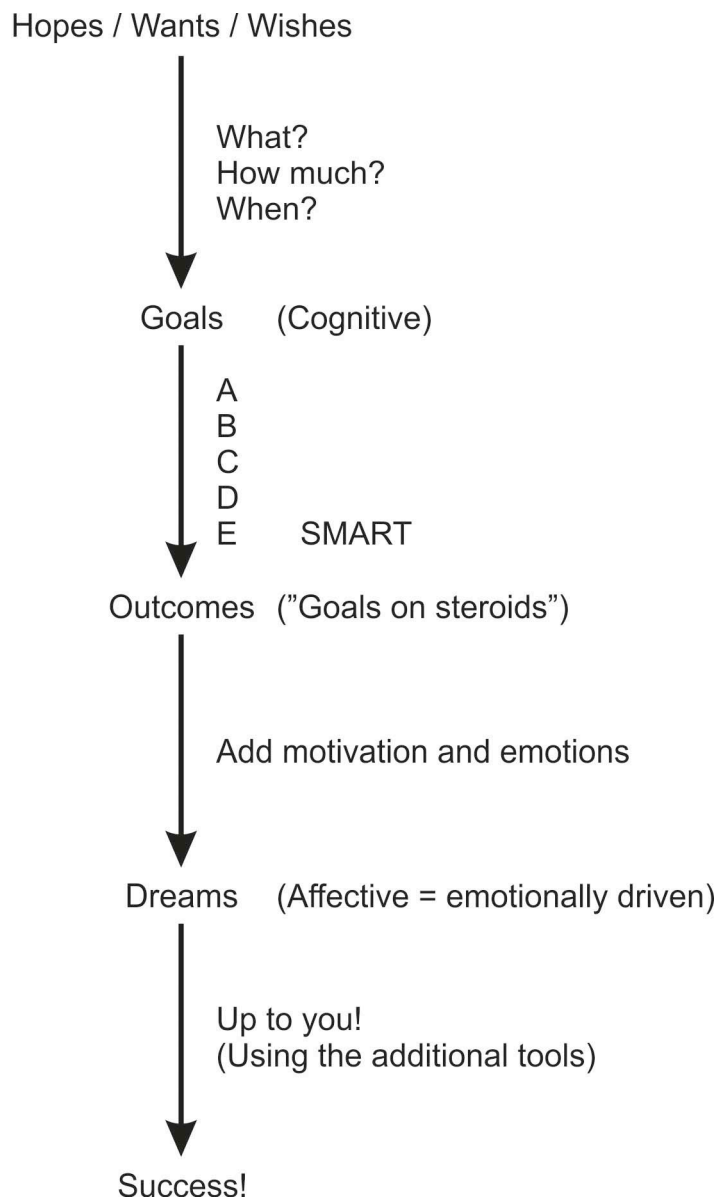


Figure 22: Overview – All the Steps

